

perspectives

Clifford Lyness
Cuisine



Continental

orange or grapefruit juice
choice of two fresh baked pastries from our bakery selection
served with butter, jam, marmalade or honey 9.50

Bakery

butter croissants, cinnamon roll, blueberry scones,
banana cashew nut bread or pain au chocolat, muffins
served with butter, jam, marmalade or honey 5.95

Toast, English muffin, rye, white or whole wheat
served with butter, jam, marmalade or honey 4.50

Cereals, Corn Flakes, Rice Crispies, Dry Muesli or All Bran
served with hot, cold or skimmed milk 3.95

Cream of wheat or porridge
with cold, hot or skimmed milk 4.50

House smoked salmon bagel
smoked salmon, chive cream cheese, capers and shaved red onion
on a toasted Kettleman's sesame seed bagel 13.95



EGGS

Two eggs, two eggs any style, roasted red skin and caramelized onion
choice of bacon, sausage or ham 12.95

Three egg omelette, sautéed mushroom, Roma tomatoes, Emmental
or white cheddar, choice of bacon, sausage or ham 12.95

Eggs Benedict, two poached eggs served on warm English muffin
choice of prosciutto, smoked salmon or sautéed spinach
with homemade hollandaise sauce 14.50

Steak and egg

orange or grapefruit juice
110 gram AAA beef tenderloin and a poached egg
choice of toasted white or whole wheat bread
served with butter, jam, marmalade or honey 16.95

Best

orange or grapefruit juice
two eggs any style, sausage, bacon, roasted potatoes
and caramelized onions
choice of toasted white or whole wheat bread
served with butter, jam, marmalade or honey 15.95

Monday to Saturday 6:30am to 11:00am
Sunday 7:00am to 10:00am
Prices are exclusive of taxes and gratuities

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HEALTHY

Brookstreet poached scrambled eggs 12.95
the lightest fluffiest eggs you will ever have

Egg white omelette, sautéed mushrooms and fine herbs 12.95

Housemade bircher muesli 6.95
muesli cereal, toasted oats, almonds, apricots and apple
blended with fresh buttermilk, yoghurt and honey

Select

orange or grapefruit juice
choice of low fat yoghurt, dry cereals or bircher muesli
egg white omelette with fine herbs, Roma tomatoes, and sautéed mushroom 16.95

Fruit plate, sliced seasonal fruits and fresh berries 9.95

Yoghurt parfait 5.95
low fat yoghurt blended with muesli and seasonal berries



HOUSE FAVOURITES

Almond brioche French toast 13.50
Cognac whip cream, peach compote served with warm
Ontario maple syrup, choice of ham, bacon or sausage

Cinnamon Belgian waffles, seasonal berries and
warm Ontario maple syrup, choice of ham, bacon or sausage 13.50

Buttermilk pancakes 13.50
warmed Ontario maple syrup and vanilla bean
berries or banana, choice of ham, bacon or sausage



Fruit juices, orange or grapefruit all served in a carafe 4.00

COFFEE

Starbucks “Estima” blend, regular or decaffeinated 3.95

Illy Cappuccino, espresso or caffè latte 4.50

TEA

Black

Imperial Earl Grey, Orange Pekoe, English Breakfast or Decaf Breakfast 3.50

Flowering Tea, Lychee or Jasmine 4.95

Herbal

Floral Jasmine Green, Chamomile Flower
Peppermint Leaves or Mountain Berry 3.50

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